

Best Practices as per NAAC format – 2021-2022

7.2 Best Practices

➤ Purpose of Best practices

- To create a positive, safe learning environment.
- To get acquainted with behavioural assessment and intervention.
- To promote positive behaviour
- To inculcate discipline
- To imbibe values of self-reliance amongst students.

Best Practice – I

➤ Title – Weekly use of BiCycles and carpooling

- **Goal** - To encourage students to use cycles as a means of transportation rather than using motorbikes to inculcate feelings of oneness and remove the barriers between rich & poor.
 - To avoid pollution on the college campus
 - To create awareness about green practices
 - To imbibe self-discipline and cleanliness of the college campus.
 - To promote the conservation of natural resources.
- **The Context** – Right from the beginning of the college, we have motivated students to bring cycles as a mode of transportation and create an environment with reduced air pollution and also we created awareness on how it gives many health benefits to youngsters. In the coming academic year, we have planned to donate 100 bicycles to the underprivileged students of this college as a part of the IQAC initiative. This scheme creates awareness about pollution-free campuses. The faculty members use the concept of carpooling to reduce pollution and save natural resources.
- **Practices** – Our College Student welfare Committee takes care that students follow the rules of using bicycles at least three days a week to encourage the practice teachers also bring bicycles for some days a week. The faculty members help each other by reaching college together as a part of carpooling practice. This develops unity and love and respect between the teaching fraternities.
- **Evidence of Success** – All the students from the nearby villages enjoy travelling on bicycles and also the monthly expenditures of teachers are considerably reduced by using carpooling and bicycles. It has created a good message to society towards less use of vehicles can create a pollution-free environment as well as aid in the maintenance of good health.



Best Practice – II

- **Title** – **Free distribution and donation of Textbooks to the students and College library.**
- **Goal** - To encourage and inculcate the feeling that “Knowledge increases by Sharing not saving” by donating books.
 - To encourage faculty to donate books which are not in use for them both subject-related and general knowledge, competitive exams study materials etc. so that the books are not kept idle at rest.
 - Nearly three faculty members who are authors of NEP textbooks have donated free textbooks to their concerned programme students. This was of great help as students were very confused regarding the NEP syllabus and paper pattern offered by the university.
 - To encourage the students to donate their old semester books to their juniors’ to discourage wastage of papers.
- **Practices**– The College has a very good staff that gives individual attention to the students and also encourages them to participate in a book donation program every year. The college has set up a library corner for donors. The books are displayed by our librarian on library day every year to encourage more donors to participate in this best practice.
- The college has a very good staff that gives individual attention to the students and also encourages them to participate in a book donation program every year. The college has set up a library corner for donors. The books are displayed by our librarian on library day every year to encourage more donors to participate in this best practice.
- **Evidence of Success:**
 - Received more than 200 books in the initial year itself.
 - 03 teachers have donated their own published textbooks to their course students.
 - Teachers have donated many competitive books to the library.

Dr. Mahantesh Angadi Assist .Prof. of Commerce Distributing Books to B.Com Students:



Dr Basava Prasad. Assist. Prof. of Computer Science Distributing Books to B.C.A. Students:



Dr. Ravi M. Assist. Prof. of Computer Science Distributing Books to B.Sc. Students:



Best Practice- III

1. Title: - Skill Development Programme

2. Objectives of the Practice:- 1) The youth are the future of our country, Society and Family, by bringing a moral change in them, they can be a role model in the family and country and they play a vital role in nation-building.

2) To develop communication skills, to build confidence in them to face competitive exams.

3) Empowering women to make independent decisions.

4) Focus on a carrier rather than a job.

3. The Context:- Our college is situated in the heart of the city and imparts quality education at an affordable cost. As a result, there is an inflow of students from the local city and rural places. Our college strength is more than 4000 and girls constitute the majority of the strength. Many of our students come from rural places and villages. Socially and economically they are undeveloped and many of them are first-generation learners in their families. So besides our academic curriculum, the Unnati skill centre, Bangalore along with the Placement and training cell of our college started the best practice to develop skills, positive attitudes, knowledge and values in them. The students are unable to afford the fees for private coaching. So our institution has made arrangements to conduct such a programme in association with the Department of collegiate and Technical Education, Bangalore. The highlight of this practice was our institution arranged lunch for the students and the staff of this skill development programme.

4. The Practice: - Final year students of all the streams joined this skill development class. After attending their regular classes, they would take their lunch sponsored by our institution and join the skill development classes from 2 to 5 pm. The programme was of 30 days with 3-hour sessions daily. In the first hour of the session, the trainers taught them about values like punctuality, responsibility, cleanliness, gratitude and appreciation. team spirit, honesty, faithfulness, determination and respect for human society.

In the second session, an Introduction to English was carried out. During this session, students were taught to speak in English more fluently, talk about their strengths and weakness, attend phone calls confidently, write emails etc.

The last session was activities based on life skills like time management, money management, listening skills, goal setting, stress management etc.

5. Evidence of success: - On the valedictory function of this programme, a drastic change in the students was observed. They expressed their gratitude fluently, confidence was built in them that this skill development programme would fetch some jobs for their livelihood. Many were ambitious in continuing their higher education and above all this, they developed a positive attitude.

6. Problems Encountered and Resources Required: As most of the students come from rural areas time is also a constraint to conduct classes in the evening hours as they do not have transport to their interior places. A well-furnished language lab is required.



Government of Karnataka
Department of Collegiate & Technical Education



GOVT FIRST GRADE COLLEGE RAICHUR

(Accredited with 'B' Grade by NAAC)



“Skill Development Programme”

Thirty days (100 Hrs) Training

Organised by

Placement/Training Cell

In association with UNNATH Skill Centre Bangalore initiated by Department of
Collegiate & Technucal Education Bangalore

Venue: Auditorium Hall

Time: 11-30 Am

Date:08-08-2022

All are Cordially Invited

Principal , Staff & Students, GFGC Raichur

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UNXT - Training Methodology

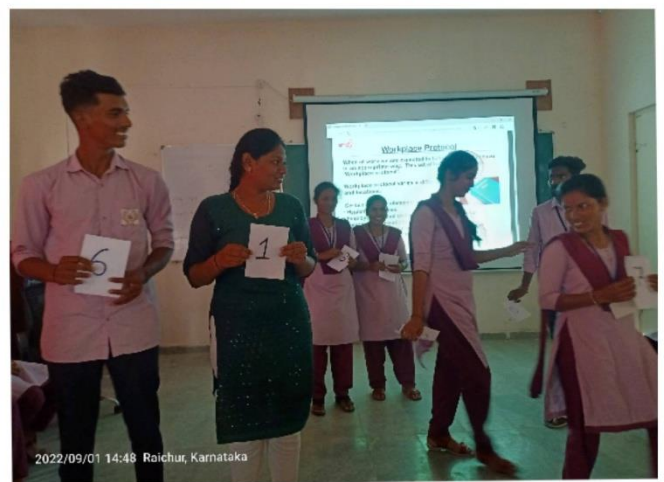
DAY 1 : During the 3 hour Session, ChangeMakers to cover the following:

1 A brief on Unnati & UNXT (10 Min)	3 Introduction to English (20 Min)	5 Introduction to Life Skills, groundrules & Activity (90
2 Introduction to Assembly & Values (30 Min)	4 Introduction to Sixerclass (20 Min)	6 Document related (20 min)

1 ASSEMBLY & VALUES - 30 Minutes	2 ENGLISH - 1 Hour	3 LIFE SKILLS - 1 Hour 30 Minutes
1 Settling down & deep breathing for relaxation	1 Warm Up : 5 min	1 Warm Up : 10 min
2 Meditation for 2 minutes	Opener on the topic for the day - questions to	Recap of the previous lesson & generating interest
3 Assembly topic	2 Explanation of the topic - 20 min	2 Explanation of the topic : 20-30 min
a Introduction to first Assembly topic by the	Slides to be used as an aid	Slides to be used as an aid
b Students to watch video pertaining to that day's topic on Sixerapp one day before. In case students do not have access because enrollment is not complete, ChangeMakers to send the videos to students on whatsapp	Session to be interactive - Students can start with guessing the lesson name	Session to be interactive - Students can start with guessing the lesson name, ideas / opinions can be freely exchanged. ChangeMaker to moderate the session.
c Next day onwards: Talk by students on the same	3 Activity : 10 min	3 Play Videos - 10 min
d Each topic may run for 2-3 days depending on	4 Recap of lesson and the takeaways from it : 5	4 Activity - 25 min
e In case you are not able to give a chance to all	5 **Discussion of Unnati Way & Summary (10 min	5 Conclusion - 15 min
f Introduction to next Assembly topic by	6 5 min Break (optional)	- Students present observations / results teamwise
g Repeat step b and c for all topics listed.	7 Energiser after the break: 5 min	- Discuss insights, shortfalls
h While speaking, Assembly Topic should include:	** Unnati way & summary compulsory. Videos can	- Recap of the lesson
- Broad Meaning of the topic		- Take away for the day from the topic - what is
- Examples to make it clear		- Personal application - Apply it on oneself / in real life
1 incident / example from the life of each speaker		- Summary
This will help speaker remember the value		- Closure
4 Affirmations (Compulsory)		

	SESSION 1 (30 MIN)	SESSION 2 (1 HOUR)	SESSION 3 (1HR 30 MIN)
DAY-1	INTRODUCTION: 1. Brief on UNNATI & UNXT (10 Min) / 2. Assembly & Values (20 Min) / 3. Spoken English (20 Min) / 4. Sixerclass (20 Min) / 5. Life Skills -		
DAY-2	Punctuality	Icebreaker and Simple Greeting	Understanding & Managing Emotions
DAY-3	Punctuality	Introducing Self	The Power of a Positive Attitude
DAY-4	Punctuality	Talking about one's Family	Making a Positive impression
DAY-5	Cleanliness, Hygiene and Orderliness	Talking about one's Likes and Dislikes	Developing Confidence in Self & others
DAY-6	Cleanliness, Hygiene and Orderliness	Talking about Strengths & Weaknesses	Listening skills
DAY-7	Cleanliness, Hygiene and Orderliness	Greeting Others	Gender Equality & Sensitivity
DAY-8	Responsibility	OCSEM - Visual Comprehension & Word Based Learning	Goal setting- Make it happen
DAY-9	Responsibility	Introducing Others	Time Management
DAY-10	Responsibility	Talking about one's daily routine	Money Management
DAY-11	Gratitude and Appreciation	Asking Simple Questions & Asking for the Price	Stress Management
DAY-12	Gratitude and Appreciation	Comprehending & Paraphrasing Information	A Plate of Rice & Dignity of Labour
DAY-13	Gratitude and Appreciation	OCSEM - E-Newspaper	Critical thinking to overcome challenges
DAY-14	Determination and Persistence	Guiding & Giving Directions	Language Etiquette & Mannerism
DAY-15	Determination and Persistence	Simple instructions to follow procedures	Assertiveness
DAY-16	Determination and Persistence	Describing a person/ objects	Refusal skills

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DAY-17	Respect and Humility	Comparing	OCSEM - Public Speaking
DAY-18	Respect and Humility	Attending to a phone call	Being a Good Team player
DAY-19	Respect and Humility	At a restaurant	Workplace Ethics
DAY-20	Team Spirit & Sporting spirit	Inviting Someone	OCSEM - Picture Reading & Word Based Learning
DAY-21	Team Spirit & Sporting spirit	Apologizing	Dealing effectively with Criticism
DAY-22	Caring & Sharing	Handling customer queries	Flexibility & Adaptability
DAY-23	Caring & Sharing	Writing a Resume	OCSEM-Public Speaking
DAY-24	Meditation/ Affirmation & OCSEM-Debate		
DAY-25	Honesty	Email etiquette & Official Email communication	Alcohol & Substance use & abuse
DAY-26	Honesty	Describing a Known Place	Leadership Skills
DAY-27	Honesty	Describing an event	OCSEM - Picture Reading & Visual Comprehension
DAY-28	Forgive and Forget	Facing an Interview	OCSEM - Public Speaking
DAY-29	Forgive and Forget	Attending a telephonic/ video interview & Mock Interview	
DAY-30	Affirmation , Pat-a-Back & Closure (Valediction , Unnati Branding, Student Testimonials)		





CERTIFICATE



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This is to certify that Mr/Ms. **SHRUTHI** Son/Daughter of Mr/Ms. **RAJU** has successfully completed around **165 hours** of training in **UnXT Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424918.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.

Unnati



Head Office : UNNATI CENTRE, NO 1, Temple Rd, NGEF East, Sadanandanagar, Bangalore - 560038,
www.unnatiblr.org E-mail : contactus@unnatiblr.org, Tel : +91-80-25384642 / 4443

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This is to certify that Mr/Ms. **SANGEETHA NAYAK** Son/Daughter of Mr/Ms. **VENKATESH NAYAK** has successfully completed around **165 hours** of training in **UnXT Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424947.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.

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This is to certify that Mr/Ms. **PARVATHI** Son/Daughter of Mr/Ms. **BASAVARAJ** has successfully completed around **165 hours** of training in **UnXT Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424920.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.

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This is to certify that Mr/Ms. **LAKSHMI** Son/Daughter of Mr/Ms. **PARASHAPPA** has successfully completed around **165 hours** of training in **UnXT Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424897.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.

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This is to certify that Mr/Ms. **KALYANA** Son/Daughter of Mr/Ms. **RAMANNA** has successfully completed around **165 hours** of training in **Unxt Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424988.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.



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This is to certify that Mr/Ms. **GEETHA** Son/Daughter of Mr/Ms. **SIDDAPPA** has successfully completed around **165 hours** of training in **Unxt Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424885.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.



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This is to certify that Mr/Ms. **CHANDANA BANDI** Son/Daughter of Mr/Ms. **CHANDRASEKHAR BANDI** has successfully completed around **165 hours** of training in **Unxt Soft Skill Program** conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424896.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.



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This is to certify that Mr/Ms. BHAVANI A Son/Daughter of Mr/Ms. AMBANNA has successfully completed around 165 hours of training in **Unxt** Soft Skill Program conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424891.

During the training the candidate has had a reasonable exposure to English Communication, Employability, Life Skills and Value Topics.



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This is to certify that Mr/Ms. ANJANAMMA Son/Daughter of Mr/Ms. LACHAMANNA has successfully completed around 165 hours of training in **Unxt** Soft Skill Program conducted by Unnati in GFGC, Raichur from 06-08-2022 to 20-09-2022 of Batch No. UNXT-UNXT-0680 with Admission No 424893.

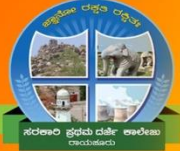
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Government of Karnataka
Department of Collegiate & Technical Education

Govt First Grade College, Raichur.
(Accredited with 'B' Grade by NAAC)
Valedictory Program
"Skill Development Programme"
Thirty days (100 Hrs) Training
Organised by
Placement/Training Cell
IN Association with UNNATI Skill Center Bangalore Initiated by
Department of Collegiate & Technucal Education Bangalore

Vaue : Auditorimum Hall Time : 10.30 Am Date : 20.09.2022

Cordially Invited

GFGC UNNATI BATCH STUDENTS - 2022-23

